

MEASURING TIME

Second (sec) There are 60 seconds in 1 minute.

Minute (min) There are 60 minutes in 1 hour.

Hour (hr or h) There are 24 hours in 1 day.

Day There are 7 days in 1 week.

Week There are 52 weeks in a year.

Fortnight There are 2 weeks or 14 days.

Month There are 12 months in a year.

Season There are 4 seasons in a year.

Year There are 365 days or 366(leap year).

Decade is 10 years.

Century is 100years.

Millennium is 1000 years.